

BEN SHERRY

2007, football



Sherry played quarterback his senior year of football at Wayland. He led the Warriors to their first undefeated season in decades with 1,100 rushing yards and 1,200 passing yards and a hand in 35 touchdowns. There was an early indication that Sherry would be special at that position when his first start as a quarterback his junior year he engineered a victory over Lincoln-Sudbury. As a senior, Sherry and his Wayland teammates defeated Acton-Boxborough 45-6 and then defeated Marshfield in the Super Bowl 28-0.

Sherry was also a standout in lacrosse, finishing as the program's fourth all-time leading scorer. He helped the Warriors win a share of the Dual County League title, their first league title ever in the sport.

In football, he was a two-time DCL All-Star and league MVP. He was also the MetroWest News Player of the Year, the Boston Globe Division 1A Player of the Year, a Boston Herald All-Scholastic, a Massachusetts All-State team member and a Shriners Classic participant. In lacrosse, Sherry was an All-American, a three-time DCL All-Star, the DCL Attackman of the Year, a Boston Globe All-Scholastic, a Boston Herald All-Scholastic and a Massachusetts All-Star game participant.

Sherry went on to have a successful football career at Trinity College. He completed his career undefeated at home, was a member of an undefeated 2008 squad, was a two-time all-league selection and was a two-time captain, only the third player to be so honored in the program's 138-year history. He even played a year of professional football in Finland, something Wayland alum Sam Breslin suggested. After working in sales for two years, Sherry returned to Trinity College where he is a graduate assistant, coaching tight ends and H backs. He is completing a Masters in Public Policy and Law.

"My parents were instrumental in keeping my head on straight," said Sherry. "They weren't high pressure and they didn't say much, other than words of encouragement. I feel that I benefitted from this because I needed to be self-motivated in order to excel. I wasn't forced into playing sports or practicing incessantly, I was given the opportunity to make choices on my own, which helped not only develop my skills, but also leadership style.

"I had many influential coaches during my youth. Coach Bridgeo, Coach Baxter and Coach Payne were three who taught me a lot and drove me to working hard. High school coaches Scott Parseghian, Joe Cincotta, Sean Chase and Tom Cavanaugh were all men that I respected and emulated during my years at Wayland High School."

